



Winged Deer Triathlon
400 meter swim ~ 10 mile bike ~ 2 mile run
8:00 am Monday, September 6, 2010
Winged Deer Park
Johnson City, Tennessee

To Register: Please complete this form and mail, with appropriate registration fee, to the following address:

Winged Deer Triathlon
 c/o Tri-Cities Triathlon Club
 301 Marshall Court
 Johnson City, TN 37601

Name: _____ Male Female

Address: _____

Phone: _____ Email: _____

Date of Birth (mm/dd/yyyy): _____ Age on Race Day: _____

Emergency Contact Name: _____ Phone: _____

USAT Member: Yes No* USAT #: _____ Expiration Date: _____

***If you are not a member of USAT, you will be required to purchase a one-day license to participate in this event. If you prefer, you may purchase an annual membership from USAT at www.usatriathlon.org**

Race Category (Please Check One):

Early Individual (through August 2, 2010): \$40 _____
 Late Individual (August 3 – September 5, 2010): \$50 _____
 Race-Day Individual - \$55 _____

Early Relay Team (through August 2, 2010)- \$55 _____
 Late Relay Team (August 3 – September 5, 2010)- \$65 _____
 Race-Day Relay Team - \$70 _____

Relay Teams – Please List Names of all Team Members: _____

One-Day USAT license - \$10 _____

(note: each member of a relay team must either hold a USAT annual license or purchase a one-day license)

Total Included in registration (please write amount here): _____

In consideration of the acceptance of this application, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitled to act on my behalf, release and discharge the Tri-Cities Triathlon Club and their members and volunteers, plus sponsors, their representatives and successors, directors, officials, employees and volunteers from any and all claims of injury or damages suffered by me as a result of my participation in or traveling to or from the Winged Deer Triathlon.

I know that triathlon is potentially hazardous. I should not enter the Winged Deer Triathlon unless I am medically able and properly trained. I assume all risks associated with participating in the Winged Deer Triathlon, including, but not limited to: falls, contact with other participants during any leg of the event, the effects of weather, traffic and conditions of the road, conditions of the lake, and all such risks being known and appreciated by me. I realize that swimming, riding a bicycle, and running are strenuous activities that require proper physical conditioning, adequate skill, and good health. I also understand that wearing a helmet at all times that I am on the bicycle, including warm up and cool down as well as traveling to and from vehicles, is required for participation in this event.

Signature of Participant (Parent or Guardian if participant is under 18 years of age):

_____ Date: _____